



Biography **Curriculum Vitae**

PERSONAL DATA:-

Name: Safaa soliman ahmed Mohamed.

Date of birth: 15-10-1973.

Place of birth: Alekalewbia .

Address: 75 E Department second floor elmadena shark elnial BENI SUIFE .

Mobile. No. 01118316933

Nationality: Egyptian.

Religion: Moslem.

Marital Status: Married with two children

General Specialty: Nursing Science

Specific Specialty: Obstetric and Newborn Health Nursing

Work Telephone No:

Fax No:

E-Mail saffa_ashraf@yahoo.com

Face book safaa Sabah (picture flag of EYGEPT)

Present Employment: Lecturer Obstetric and Newborn Health Nursing

Graduation: Baccalaureate in Nursing (B.Sc. Nursing)- Suez Canal• University. June (1996/1997)

Grade: Very -Good.

Master Degree (M.S) Obstetric Nursing – Suez Canal University. Egypt, 2005. **Grade:** Very -Good.
Intern, Faculty of Nursing Suez canal University,2005.

Doctorate Degree in Maternal and Neonatal Health Nursing Suez Canal University. Egypt, 2013.

Position: Lecturer – Maternal and Newborn Health Nursing- College of Nursing – BENI SUFE University

LANGUAGE: Native: Arabic. Foreign: English. TOEFL Score: 483 from Suez Canal University TOFEL from AMIDEAST Score 428

EXPERIENCE:

1- Clinical Instructor in technical institute of nursing Suez canal University, 1998-2009.

2- Assistant Lecturer in faculty of nursing Beni suef University,(2009-2013)

3-lecturer of Maternal and Newborn Health Nursing (Beni Suef University, 2014 till now))

Research and Publications

1 pattern of nausea and vomiting during the first trimester of pregnancy and its Nursing Implications in pregnant Women Attending Suez Canal University Hospital

References:

A- Prof.Dr.:HodaW.EL-Gawly .Chairman, pharmacology department, faculty of Medicine, Dean, faculty of Nursing Suez Canal University

B-Prof. Dr. sanaa ali nour : Professor of Maternal and Children Health Nursing; Faculty of Nursing zagazig University

C- Pro f.Dr Muhammad EL sayed Hafez: Professor of Obstetrics and gynecology faculty of Medicine Suez Canal University,

c- Dr. Inass Mohamed Abdallah : Lecturer of Maternal and Children Health

2- Comparing the effect of maternal semi sitting and Dorsal Recumbent position versus lithotomy positions on progress of the second stage of labour and on labour outcome.

References:

A-Prof. Dr. sanaa ali nour : Professor of Maternal and Children Health Nursing; Faculty of Nursing zagazeg University

b- Prof.Dr. Amal Mohamhed ELshahate : Professor of Obstetrics and gynecology medicine Suez canal University,

c- Dr. Inass Mohamed Abdallah : Lecturer of Maternal and Children Health Nursing, suez canal University

- PARTICIPATION IN •Training courses and workshops:

- 1 - Workshop on general quality management at the University of Beni Suef
- 2 - Workshop on Accreditation standards for academic programs in highly education organization at the University of Beni Suef
- 3-work shop on preparation for following up visits and development by collaboration
- 4 - Cycle university teacher preparation
- 5- Attending training in Preparing Academic teacher, Beni Suef University 21/6/2009 to 9/7/2009
- 6- Pass the TOEFL test (TOFEL) *from* AMIDEAST Score 428
- 7- Pass the TOT COURSE OF COMPUTER FROM MICROSOFT 31/10/2009 to 6/1/2009
- 8 - Attend training courses on the art of effective neuro communication
- 9- Attended and actively participated in the fifth international conference towards safe food in Egypt Beni Suef -Egypt 2009.
- 10- Attending training on Communication with different patterns of Education Skills. 27/9/2011 to 29/9/2011 Faculty members at the University of Beni Suef Development Center
- 11-Attending training on Credit hour system Faculty members at the University of Beni Suef Development Center 2/3/2011 to 5/3/2011
- 12- Attending training on Preparation of projects for competitive research funding 8/3/2011 to 10/3/2011 Faculty members at the University of Beni Suef Development Center
- 13- Attending training on Strategic Planning Faculty members at the University of Beni Suef Development Center

14- Attending training on Examinations and evaluation systems students

15- Attending training course on University Management 26/1/2014 to 27/1/2014

16- Attending training course on University Legal and Financial Aspects 28/1/2014 to 29/12/2014

17- Attending training course on Advanced Word Processing 6/6/2011 to 11/6/2011

18- Actively participated in the workshop of Health Research Ethics

Held on 30 March 2009 at faculty of nursing Ismailia.

19- Attending training course on statistical (SPSS) 12/5/2015 faculty of nursing Beni Suf university

20- presented a scientific talk in the 1st Annual Scientific Conference of the Psychiatric and Mental Health Nursing Department ,Faculty of Nursing ,Beni suef University titled(Toward good Mental Health for the child and A adolescent) 5/5/2015

21- Work shop on Upgrades professors and assistant professors in the nursing sector 14/5/2015 Beni Suf University

22- Work shop on Upgrades professors and assistant professors in the nursing sector 6/4/2014 Helwan University

23- Attended the 2nd national conference for training and development in higher education

(Unlock Your Talent and Own the Future) held on 18th November, 2014

At Beni Suf University Egypt

24- - Attended the 1st international nursing conference

(Innovation in Nursing Sciences: Education, Practice and Research)

Held at faculty of nursing Mansoura University in October 27-28th 2009

25- Attended the conference of Excellence Research Centers: standards and societal tasks and return 17th, June, 2014 Beni Suf University

26- Attended the conference of Cessation of the research at the University of Beni Suf and controls its resources and its banks 4th March ,2014 Beni Suf University

27- - Attended the 2nd international conference of Beni Suf University for Distance Learning titled: (Distance learning in Arab Universities) (Applications and Future Prospects)

From 16-17 December 2014

28- Participated in Training course on the field of descriptive and applied statistics for nursing researchers

29- Attended a Training course on (Biostatistics and Data Analysis SPSS)

Held as a collaboration between Microanalysis, Environmental and Community Research Center and Zoology Department, for 3days on April2015 at faculty of science, Beni- Suef University

30- Participated in the 3rd Annual Scientific conference of faculty of Nursing Beni –Suef University (NURSING NOW AND FUTURE) on 14 March 2013,

And has presented a talk titled

(Comparing the effect of maternal semi sitting and Dorsal Recumbent position versus lithotomy positions on progress of the second stage of labour and on labour outcome.)

31- Attended the 5th conference of the pediatric dept .2nd conference of the pediatric nursing dept., Beni Suef University In Collaboration with the Egyptian pediatric association

Has actively participated in activities of the conference 2nd -4th May 2012

32- Work shop in concept and mechanisms quality assurance and accreditation in higher education) in faculty of nursing Beni Suef University 3/3/2010

33- Work shop in Numbers for follow-up visits and development to proceed in faculty of nursing Beni Suef University 24/10/2010

34- Work shop in the role and responsibilities of the Quality Assurance Unit and the role of the faculty members within in faculty of nursing Beni Suef University 14/6/2009

35- Work shop in preparing the operational plan for development in faculty of nursing Beni Suef University 9/4/2011

36- - Work shop in Academic Program adoption in institutions of higher education standards in faculty of nursing Beni Suef University 13/7/ 2010

37- Work shop in Workshop on Strategic Plan in faculty of nursing Beni Suef University 3/12/2010

38- - Work shop in course report in faculty of nursing Beni Suef University 19/4/2011

39-- Work shop in program specification in faculty of nursing Beni Suef University 14/3/2010

40- Work shop in quality tools in faculty of nursing Beni Suef University 3/3/2010

41- Work shop in Implementation plan of development and improvement 17/10/2010

42- work shop in Plan Strategy and analysis SWOT 26/5/2010

43- Attended the 9th conference of the pediatric Beni Suef University In Collaboration with the Egyptian pediatrics association

(Anemia &Related Issues)

22th -24th April, 2015 Beni Suef University – conference center

44- Attended the 8th conference of the pediatrics dept. 8th conference of faculty of Medicine.

(Anemia Causes &Complications)

2nd -4th April, 2014 Beni Suef University – conference center

45- Participate as a member in organizing committee in the 1st annual student's

Conference of faculty of nursing ,Beni Suef University .On Thursday, 19th March 2015

(QUALITY IN NURSING: AHOLISTIC VIEW &FUTURE)

46- Attended the1st annual conference, faculty of nursing, Beni Suef University (Nursing and Upper Egypt)

Held at conference center; Beni Suef University, December26; 2010

47- Pass the course of ICDL 11/28/2010

48- Participated in intensive teaching& training course (**First Aid**) during period 7/4/2012 - 2/5/2012 IN College of Nursing Center for scientific activities and training

in Beni Suef

49- Participated in intensive teaching& training course **Injection** during 7/4/2012-2/5/2012 in College of Nursing Center for scientific activities and training in Beni Suef

50- Participated in intensive teaching& training course (Cardiopulmonary resuscitation) (**CPR**) during 29/3/2011 IN College of Nursing Center for scientific activities and training in Beni Suef

51- Participated in intensive teaching& training course (**Assistant nurse for administrative acts**) during 6/5/2012-5/6/2012 In College of Nursing Center for scientific activities and training in Beni Suef.

52- The throwing educational seminar for mothers about proper nutrition in MCH in belivia village in 20/7/2010 organized by Beni Suef faculty of nursing through community participation.

53- The throwing educational seminar for mothers about proper nutrition in MCH in ebshana village in 28/7/2010 organized by Beni Suef faculty of nursing through community participation.

54- The throwing educational seminar for mothers about proper nutrition in MCH in East of the Nile city in 31/5/2010 organized by Beni Suef faculty of nursing through community participation

55- The throwing educational seminar for mothers about proper nutrition in MCH in Barot village in 21/7/2010 organized by Beni Suef faculty of nursing through community participation

56 - Presented a scientific poster Titled (Influenza Vaccination during pregnancy) in the 3rd Annual Scientific Conference of Maternal and newborn Health Nursing Department- Helwan University , (Integrative nursing in Women, s Health Care) 2 5th February 2015

57- Organized & presented a scientific talk Titled (Tattoos and risks of the pregnancy and the fetus)in the 1st Annual Scientific Conference of the Maternal &Newborn Health Nursing Department ,Faculty of Nursing ,Beni suef University (**NEW INNOVATIONS FOR WOMEN HEALTH CARE**) 12/5/2015

58- Organize and participate in activating the International Day of diabetes through the preparation of a booklet on diabetes and its effect on pregnancy through Unit crises and disasters in Beni Suef faculty of nursing 25/11/2014

59- Organize and participate in activating the International Day of cancer through the preparation of a booklet on cervical cancer prevention and early detection Unit crises and disasters in Beni Suef faculty of nursing 12/3/2015

60 - Share and give a lecture entitled parts on the wounds of all kinds in clinics nursing development cycle through the health insurance branch of Beni Suef hospital during 21/4/2012-24/4/2012

61- **Work shop** in Definition Foundation **QS** International Classification of universities standards Held on 10 March 2015 Beni Suef University

62- Participated in teaching Intensive Training Course about First Aids and activating the role of rescuer for Girl Guides in schools during 6/9/2012 to 8/9/2012 through Egyptian Girl Guides Association

63- - Participated in teaching Intensive Training Course about Good Nutrition and problems between the count amounted schools in training program The development of school health nursing skills in Health insurance branch of Beni Suef hospital during 3/2/2013 - 12/3/2015

64-Attended and participated And discussions enrich the activities of the conference in The Egyptian Center for Organizing Conference through General Union of the nursing professions Titled (The most important challenges facing the nursing system in Egypt through evidence-based research results) held on Saturday 28/2/2015

65- -Attended and participated And discussions in International Day for the Challenged progressing Beni Suef University -qtaa Community Service and Environmental Development - Unit Defied disability titled: energy of our youth On Thursday, 19th March 2015 on Tuesday, December 2nd, 2014

66- Pass a training course for fire and rescue work of the Department for Civil Protection from 28/3/2015 to 2/4/2015

67-Attended the 6th International conference Advances in Nursing profession (Education &practice) **Helwan University (16 contact hours) April 2014**

68-- Participated in the 1ST International Scientific conference faculty of Nursing Port Said University (Challenges and New Trends in Nursing) on 14 May 2015,

And has presented a Poster Titled

(Stem cells as New agents for treatment of Infertility)

69- Participated in the 8ST annual Scientific conference of faculty of Nursing Zagazig University (Nursing Challenges in qualification and professionalism) on 10th November 2014,

And has presented a two Poster

Titled

(Male involvement in family planning decision making at Beni Suef city)

(Nursing and service – learning partnerships implementation of community Breast cancer Awareness outreach)

70- Participated in the 5ST annual Scientific conference of faculty of Nursing Beni Suef University (Patient ,s safety& Quality Care) on 30 April 2015,

And has presented one Postre and two talk

Poster Titled (The Effectiveness of Lavender oil Sitz Bath on Healing of Episiotomy Wound among Primiparae in selected hospitals”

Talk titled (Important legal rights of pregnant Women)

(Patient safety &Quality)

Teaching experiences:

1 - Teaching experiences: Training of the undergraduate: 1- on maternal and newborn nursing students at faculty of nursing, Beni Suef University from 2012- till now)

2- Teaching the following theoretical curricula at Higher Institute of Medical Sciences Sabratha Libyan Arab Jamahiriya–

. -Community Health Nursing--- Pediatric Nursing - Medical surgical nursing –fundamental nursing from 6/2006 to 7/2008

3-Teaching practical parts and training students in the following curricula at faculty of nursing Beni Suef university:
- Obstetrics and Gynecology Nursing - Women health

5- Teaching practical parts and training students in the following curricula at Faculty of Nursing Beni Suef : - Nursing Fundamental1 Connection_saffa__ashraf@yahoo.com