**ABSTRACT**

This study **aimed** to assess nurses’ knowledge, attitudes and practice toward physical restraint for psychiatric patients. **Subjects and Methods:** A descriptive study was conducted at psychiatric emergency departments at El-Abbassia Mental Health Hospital in Cairo. **Sampling:** A convenience sample include all available nurses who are working in the previously mentioned setting, their total number was 100 nurses. **Tools:** A structured questionnaire sheet to assess nurses’ characteristics, their knowledge and their attitudes toward physical restraint. The second tool was an observational checklist to assess nurses’ practice toward physical restraint. **Results**: revealed that nearly half of the studied nurses were aged between 20 and 30 years old and nearly two thirds of them were females. Nearly half of the studied nurses were technical institute and more than two fifth of them had less than 5 years of experience. Also, it was clear that more than two fifth of them had satisfactory level of knowledge about physical restraint. While two thirds of the studied nurses had incompetent level of practice regarding physical restraint and more than three quarter of them had negative attitudes toward physical restraint. **Conclusion:** The study concluded that, the majority of the studied nurses had unsatisfactory level of knowledge, incompetent level of practice and negative attitudes regarding physical restraint. **Recommendations:** The study recommended that, implementation of training program for nurses regarding physical restraint. Continuous monitoring and teaching on spot from nurse supervisor is needed to ensure quality of care provided by nurses for physical restraint.

**Key wards:** Physical Restraint, Nurses' Knowledge, Attitudes, Practice, Psychiatric patient.