**Prevalence of Psychiatric Disorders in Adolescence**

**in Beni Suef City**

**Saida El Sayed Hassan**

*Lecturer of Psychiatric/Mental Health Nursing, Faculty of Nursing, Beni Suef University*

**Abstract:**

**Background:** Although it is sometimes assumed that childhood and adolescence are times of

carefree, but the prevalence of mental health problems among adolescents have beenbetween 1 and 51%. There is much overlap between the symptoms of many disorders and the challenging behaviors and emotions of normal adolescents. Thus, many strategies useful for managing behavioral problems in adolescence can also be used in adolescents who have mental disorders, as a symptom of summarization, depression, generalized anxiety, phobicanxiety, obsessive-compulsive, hostility, paranoid ideation and psychoticism. **Aim:** The aim of

the study was to assess the prevalence of psychiatric disorders among adolescents in Beni Suef City and assess the correlation between psychiatric disorders among adolescents in Beni Suef City**. Subjects & Methods: Research design:** An exploratory design was selected for the current study. **Setting:** Nile Secondary School for Boys (General), Secondary School of Girls (General), Common Agricultural Secondary School, Common Commercial Secondary School and Common Industrial Technical Secondary School. **Subjects:** A sample of convenience of (1016) students. **Tools of data collection:** One tool consisting of two parts was used for data collection, Socio-demographic questionnaire and the brief symptom inventory (BSI). **Results**: The findings of this study indicated that, the highest percentage of the sample reported experiencing paranoid ideation symptoms. **Conclusion:** Based on the findings of the present study, it can be concluded that, paranoid ideation commonly occurs,followed by generalized anxiety, with highly statistically significant associations between all types of psychiatric disorders, and the highest statistically significant association was between paranoid ideation and phobic-anxiety. **Recommendation:** The study recommended, activating the role of the nurse in the school even, allows doing the support of adolescent health, and provides appropriate management of childhood behavioral problems that may prevent temperamentally vulnerable adolescents from developing a full-blown disorder.

**Key Words:** Prevalence; Psychiatric Disorders; Adolescence; Beni Suef City